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| Perry County Life Skills University  SPRING, SUMMER, AND FALL 2021 Course Registration Form |

We are pleased to announce the line-up for our 2021 LSU (Life Skills University) courses. They represent a mix of leisure, art, fitness, service, and employment-related opportunities.

Spring 2021 Semester Tuesdays, Thursdays 2/2/21 – 4/22/21

Summer 2021 Semester Tuesdays, Thursdays, Fridays 6/1/10 – 8/27/20

Fall 2021 Semester Tuesdays, Thursdays 10/5/20 – 12/21/20

Our Life Skills University program is designed for individuals who have learning, social, physical, and/or developmental delays. Courses are funded through Medicaid Waivers, the Perry County Board for the Developmentally Disabled (PCBDD), private-pay arrangements, and scholarships. It is important to know that it is rare that Life Skills University would cost a student or a family to participate.

Students who plan to receive funding through county board monies or Medicaid-Waiver services must be approved for courses by their Support Coordinators. Trendline Consulting staff will contact Support Coordinators when we receive this completed packet. Contact phone numbers for Support Coordination agencies are:

County Disability Resources (Perry County) 573-547-6639

Catholic Charities (Cape County) 573-339-0905

Strides (Sainte Genevieve) 573-880-7250

Class sizes are limited. Actual class assignments will be made in the order that registration forms are received and based on the match between the student's skills and the course's demands. If you have questions about these classes or the registration process, please contact Jacy Lukefahr at [TrendlineJG@gmail.com](mailto:TrendlineJG@gmail.com) or at 573-605-9857 .

**Please Note: Registration deadline for the entire 2021 year is December 22nd, 2020.**

As you are completing this form, please note:

1. You can download the form from our website (TrendlineConsulting.org) and type into it if you would prefer.
2. Please complete registration form entirely, even if you are currently enrolled in Trendline services. This is to ensure that we have updated information for our records. It is also helpful for the program coordinator to have this updated information on hand (for easy access) in case of an emergency during an LSU course.

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| Participant Information | | | | | |
| Participant |  |  | Participant Date of Birth |  |  |
| Phone Number |  |  | Street Address |  |  |
| Cell Phone |  |  | City, State |  |  |
| E-Mail Address |  |  |  |  |  |
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| Parent/Guardian |  |  | Street Address |  |  |
| Phone Number |  |  | City, State |  |  |
| Cell Phone |  |  | E-Mail Address |  |  |
| Home Phone |  |  | E-Mail Address |  |  |
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| Emergency Contact Information | | | | | |
| Name |  |  | Relationship |  |  |
| Home Phone |  |  | E-Mail Address |  |  |
| Cell Phone |  |  |  |  |  |
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| Support Coordinator Information | | | | | |
| Name of Coordinator |  |  | Service Coordination Organization (Perry County Resources, Catholic Charities, Strides, etc.) |  |  |
| Phone Number |  |  |  |
| E-Mail Address |  |  |  |  |  |
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| Transportation | | | | | | | |
| Does the student need transported to class? | | | | Yes |  | No | |
| Does the student need transported home after class? | | | | Yes |  | No | |
| Will student be participating in another activity before his/her LSU courses? (This could be school, PA Session, UEI, Life Enrichment Center, etc.) | | | |  | | | |
| Who can drop off and pick up the student? (Please list specific names) | | | | | | | |
| Individual/Agency 1 |  |  | Phone/Cell Phone # |  | | |  |
| Individual/Agency 2 |  |  | Phone/Cell Phone # |  | | |  |
| Individual/Agency 3 |  |  | Phone/Cell Phone # |  | | |  |
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| LSU Class Selection |

On the following page you will find a variety of classes to choose from for the upcoming 2021 year. They are divided into three semesters: Spring, Summer and Fall. To properly register for a class, simply mark the small check box on the left-hand side of the page. Please note that it is much easier to sign up now and withdraw later if you or your student chooses to not participate, than it is to not register now and later decide to attend additional classes.

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| SPRING 2021 Classes |

Please mark the classes that you would like to register for. You cannot register for two classes that take place on the same days and at the same times.

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|  | “Mad Scientists”  Trendline staff and students will explore friendly science experiments in this adventurous class! Focusing on the basic scientific method, time, speed and distance, students will engage in a new experiment each week. Some experiments may include a product to take home at the end of class. | TUESDAYS,  THURSDAYS  2:45PM-3:45PM |
|  | “Business Evaluation”  Students will be exposed to several local businesses with a chance to learn “behind the scene” secrets on production. They will learn the basics on business education and have the opportunity to give each business a written review. | TUESDAYS,  THURSDAYS  2:45PM-3:45PM |
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|  | “Wood Shop”  In this class, students will learn woodwork basics such as measurement, layout, identification of tools and their functions. Over the course of the semester, they will work on a wooden birdhouse project which can be taken home to enjoy. | TUESDAYS,  THURSDAYS  3:45PM-4:45PM |
|  | “Springtime Crafts”  Students will have the opportunity to create a spring-themed craft during each session throughout the semester. They will be provided diverse crafting materials each time and enjoy bringing their creations home. Inspiration will stem from major springtime holidays such as New Years, Valentines Day, St. Patrick’s Day, Easter, Mardi Gras, and Mother’s Day. | TUESDAYS,  THURSDAYS  3:45PM-4:45PM |

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| SUMMER 2021 Desired Classes |

Please mark the classes that you would like to register for. You cannot register for two classes that take place on the same days and at the same times.

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|  | “P.E.”  Students will enjoy physical exercise activities each session. Lessons will emphasize basic health strategies and encourage students to set personal health goals that they can work towards over the course of the semester. | TUESDAYS,  THURSDAYS  2:45PM-3:45PM |
|  | “Gardening”  In this class, students will learn gardening basics such as plant growth stages, photosynthesis, plant types and arrangements. Students will gain hands on experience with raising their own plants from the seed to ripening stage. | TUESDAYS,  THURSDAYS  2:45PM-3:45PM |
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|  | “Movie Review”  This class will allow students to observe and review a new movie each week. They will genre, theme, and costume design. Lessons will focus on basic story elements and students will have the opportunity to dissect each movie for better understanding. | TUESDAYS,  THURSDAYS  3:45PM-4:45PM |
|  | “Breakfast Chef”  Students will create a variety of breakfast dishes from start to finish by following guided recipes and staff instruction. Lessons will include culinary technique as well as kitchen safety and “clean as you go” strategies. | TUESDAYS,  THURSDAYS  3:45PM-4:45PM |
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|  | “The Great Outdoors”  Trendline staff and students will explore local conservation areas each Friday throughout the semester. Lessons will emphasize family friendly outdoor activities including hiking, kayaking, and fishing. Lunch will be provided by Trendline. | FRIDAYS  10:00AM-1:00PM |

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| FALL 2021 Desired Classes |

Please mark the classes that you would like to register for. You cannot register for two classes that take place on the same days and at the same times.

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|  | “Computer Lab”  Students will gain hands on experience navigating basic computer functions typing, Microsoft Word, Microsoft Power Point, and Microsoft Excel. They will work on one major project over the course of the semester in which they may present to their classmates. | TUESDAYS,  THURSDAYS  2:45PM-3:45PM |
|  | “Holiday Baking”  Students will learn how to create delicious holiday desserts from start to finish. Each week they will experience a new dessert and have opportunity to decorate and taste test. | TUESDAYS,  THURSDAYS  2:45PM-3:45PM |
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|  | “Healthy Relationships”  This class will allow students to learn about boundaries, attachment, communication, and healthy bonding techniques within everyday experiences. They will learn how to self-analyze interactions and have the opportunity to reflect on their communication with others. | TUESDAYS,  THURSDAYS  3:45PM-4:45PM |
|  | “Music”  Students will gain experience playing keyboards, recorders and guitars. Trendline staff will also use examples of musical pieces to highlight discussions about types of music and types of instruments as well as tempo, volume, tone, melody, and harmony. This course could be the start of a new appreciation and hobby. | TUESDAYS,  THURSDAYS  3:45PM-4:45PM |

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| Health/Safety Questions | | | | |
| These questions identify any health and safety issues that we should be aware of when teaching the student. Does the student have any of the following conditions? If so, please describe them. | | | | |
|  | Yes | No | Description or Additional Notes |  |
| Diabetes? |  |  |  |  |
| High Blood Pressure? |  |  |  |  |
| Heart Condition? |  |  |  |  |
| Asthma? |  |  |  |  |
| Environmental Allergies? |  |  |  |  |
| Allergic to Bee Stings? |  |  |  |  |
| Food Allergies/Limitations? |  |  |  |  |
| Seizure Disorder? |  |  |  |  |
| Significant Arthritis? |  |  |  |  |
| Heat Stroke or Fainting? |  |  |  |  |
| Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |
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What else might we need to know in order to best support this student within these classes?

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| Consent to Participate |
| A signature of a parent or legal guardian is required for the consumer to participate. If the student is his/her own guardian, then he/she must complete this consent form. **Write your initials on each line and then sign the end of the consent form.**  I agree that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ can participate in the 2021 Life Skills University Courses that I have indicated above.    \_\_\_\_All classes will begin and end at the Trendline Consulting office at 1404 Corporation Lane, Suite 40 in Perryville, MO.  \_\_\_\_Students might be transported to various locations as part of their courses. They will be driven in cars by Trendline Consulting staff. I agree to allow this transport.  \_\_\_\_Many courses could potentially include internet-based activities. The student will have access to common internet search engines such as “Google Chrome” as he/she works with staff and peers to find information. I agree to allow this internet access.  \_\_\_\_In many of the classes, students will have opportunities to select and eat snacks or meals each week. Trendline Consulting staff will try to encourage healthy choices and portion control but cannot ensure that students will order and eat responsibly. I accept this risk.  \_\_\_\_Students in the “Mad Scientists, Breakfast Chefs, Movie Review and Holiday Baking” courses will use common appliances such as ovens, stove tops, microwave ovens, plastic knives, washing machines, etc. They will also use household cleaning chemicals and clothing detergents. Although they will be taught to follow basic safety precautions, they could incur minor injuries while in and around these items. I understand and access this risk.  \_\_\_\_Students in the “P.E. and The Great Outdoors” courses will be encouraged to engage in light or moderate physical activity that will likely include stretching, walking, twisting, dancing, and jumping. Although these activities will be supervised, they include some risk of injury that could include falling, twisting ankles, bruising, etc. I certify that the participant has been cleared by a doctor to participate in these activities and accept the associated risks. |
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| \_\_\_\_ I have listed all known environmental allergies and health concerns in prior portions of this packet. In cases of severe allergies such as to bee stings, the student will bring appropriate medication and instructions with him/her to class each week.  \_\_\_\_Students in the “The Great Outdoors” course will spend time using fishing gear, hiking, and kayaking in calm bodies of water. They will be required to wear flotation vests that are provided by Trendline staff, and there will be at least one Trendline Consulting staff in the water at all times during kayaking. Students can choose a single kayak or a two-person kayak to ride in along with a staff member. Although it is not likely, kayaks can tip over or capsize, and students could have to walk or float to shore with assistance. Students could also trip or fall while walking on uneven ground. I understand and accept the associated risks.  \_\_\_\_Students in the “Mad Scientists, Business Evaluation, Wood Shop, Springtime Crafts, Gardening, The Great Outdoors, Breakfast Chefs, and Holiday Baking” classes will be using or exposed to materials that could stain or damage their clothing. Trendline staff will take steps to limit this as much as is possible.  \_\_\_\_Students in the “Healthy Relationships” courses may be discussing and exploring issues that may be sensitive to some. These include but are not limited to abuse and neglect, exploitation, social media scams, rape, and sexual intimacy. I understand this and have expressed to the LSU program coordinator any limits that I would like imposed on what this consumer encounters.  \_\_\_\_Students might come home with supports to use, musical instruments to practice with, art projects, and lots of interesting stories. I will help to support their independence and new-found interests to the extent that is possible and is healthy.  \_\_\_\_ I agree to allow Trendline Consulting staff to communicate with this participant’s  Support Coordinator and/or representatives of his/her Support Coordination Agency  in order to seek authorizations and funds for this student to participate in these Life  Skills University classes. This means that Trendline Consulting staff will be allowed to  read the student’s ISP, and that the Support Coordinator will have access to session  notes and monthly reports about Life Skills University. |

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| \_\_\_\_I agree not to hold either Trendline Consulting (or its employees) responsible for any injuries or damages that occur during or as a result of these classes.  \_\_\_\_I have considered potential risks of each course before providing my consent.  \_\_\_\_I understand that I can contact Jacy Lukefahr at 573-605-9857 or TrendlineJG@gmail.com with any questions or concerns that I have.  \_\_\_ \_\_  Signature of Student/Parent/Guardian Date |

You may submit this Registration and Consent Form packet by:

* E-Mailing it To: [TrendlineJG@gmail.com](mailto:TrendlineJG@gmail.com)
* Delivering it to: Trendline Consulting

1404 Corporation Lane, Suite 40

Perryville, MO 63775

* Requesting Trendline to make

Arrangements for pick up at: 573 (605) 9857

Thank you very much for registering for Life Skills University courses. We are looking forward to serving this participant and helping him/her learn new skills and enjoy new adventures. Please do not hesitate to contact us at any time that you have questions, comments, ideas, or concerns. Your input is unbelievably valuable to our team!